AMENDMENTS TO THE SPECIFICATION:

Replace the paragraph at page 6, beginning at line 9, with the following amended paragraph:

An advantageous frame stealing technique is, for example to steal two voice blocks, from <u>first, third, sixth, eleventh and twentieth</u> ~~each~~ packets ~~numbered 1, 3, 6, 11 and 20~~ transmitted at the beginning of a speech spurt. Stealing of one <u>Adaptive Multi-Rate (AMR)</u> ~~AMR 515~~ voice block gives 14 bytes. In that case, the stealing of two voice blocks will meet the space requirement of long headers, which in IPv4 is 20 bytes and for UDP, 8 bytes. Thus, two stolen AMR blocks will enable carrying both the IPv4 and UPD header data. Later, the corresponding compressed IPv4 and UDP headers will only require 2 bytes, so they can be transmitted without using the frame stealing according to the invention.